3.2 IMPORTANCE OF ROAD SAFETY - Extra care needed by cyclists.

Cyclists are the most vulnerable of road users; need to obey road signs and give clear signals.







Error Left normal, right printed on gum side

N.B. cachet above "cyclists ride on the right and in single file".

Road signs must be obeyed.

Clear hand signals essential





Use of cartoon characters can be an effective way to emphasise road safety.



3.2 IMPORTANCE OF ROAD SAFETY - Helmets help to reduce injuries.

Young cyclists especially are being encouraged to wear helmets to reduce the chance of head injury.



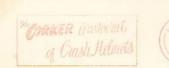


ATH CYCLING TOUR OF THE PHILIPPINES APRIL 17 MAY 9 1993 SALUTES THE FILIPINO CYCLIST



Cycle helmets made in various shapes, sizes and colours

Cyclist is Raymond See, Philippines, designer of postmark.







Peaked cap is sun shield only

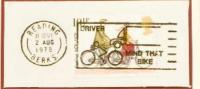
Track cyclists first to wear crash helmets



3.2 IMPORTANCE OF ROAD SAFETY - Motorists need to take care near cyclists.

All motorists need to take special care when approaching and overtaking a cyclist on the road.





Cyclists and children are equally at risk

Cyclists can be frightened by lorries driving too close. First day of Issue of stamp and slogan 'Driver mind that bike'





Motorista often unaware how close car is to cyclist

Above: Meter mark used by Insurance Company, warming policycholders to look out for cyclists.

Below Motorists should look out for hand signals by cyclists, and be prepared for suddden moves by cyclists.



3.3 NEED TO SECURE AND INSURE A BICYCLE.

A bicycle is a valuable item and the owner should take care to protect it from loss or theft.



Left. See Slogan "Bike left Bike theft"



Right Scene from the Italian film "Bicycle Thieves"

A bicycle should be secured with a strong padlock when left by owner.



Insurance cover should always be arranged for a bicycle, in addition to taking normal precautions.



3.4 OPPORTUNITIES CREATED BY SAFETY BICYCLE - general use

The bicycle is used for a variety of purposes by both children and adults and can be riden on roads and pathways.









Above Use in town and seaside

Above Bicycles were a feature of street scenes by the end of the nineteenth century

Below Modern scene of cycle tourists riding in a Park. Singapore 35c aerogramme.



3.4 OPPORTUNITIES CREATED BY SAFETY BICYCLE - Greater freedom of movement

The bicycle encouraged contact between neighbouring villages and city workers to visit the country at weekends.





The Industrial Revolution from 1870 onwards changed the Western world from a rural to an urban basis





The bicycle was a means of escape to the country for the workers in industrial towns.



Even today the bicycle provides healthy exercise at the weekend for town workers in places such as Japan with high populations



3.4 OPPORTUNITIES CREATED BY SAFETY BICYCLE -exploring the countryside.

The bicycle provides cheap way of exploring countryside, best to decide route beforehand by consulting map.



This lone cycle tourist is enjoying smoking a pipe!



Back of 1975 free form self adhesive stamp "150th anniversary of 2nd settlement"



Map reading essential

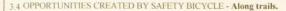


A camera may prove very useful to capture that unexpected moment



Below cachet reads "Prepare for 4th cycle rally 26 & 27 August





The bicycle can be used to travel in areas and along many paths which are not always open to vehicles. Cyclists can ride along canal paths (below)





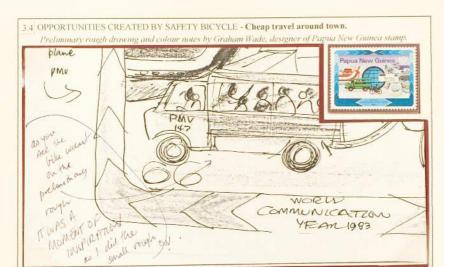
along railway pathways (below) and the sea shore (below right).



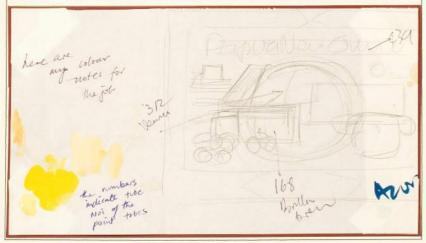
Kingdom of Fife Cycle Ways, promoting cycling as part of daily life; encourages cycling to shops, school or work







See comment by G Wade, "the bike wasn't on the preliminary rough IT WAS A MOMENT OF INSPIRATION as I did the small rough"



3.4 OPPORTUNITIES CREATED BY SAFETY BICYCLE - Reliability trials.

Arthur Richardson rode 600 miles over Nullarbor Plain in 1896, demonstrating potential for long distance cycling

Below. Copy of official approval by Australia Post to use P.P.I. PLUS, handwritten note by G. Wade, explaining cover on right.



Pasting Conditions

- Lodgements are to be made at the counter of the approved office(s) and: May be paid for in cash at the time of posting or looped under a specially approved.
 Charge Account System.
- Charge Account System.

 8 Should be arranged on that strictes of the come dimension fother than parcels which should as far as possible the grouped in appropriate mans categorist are bundled together in groups of 10 or multiples of 10, or, as required by the office of
- * Except in the case of Registered Publications, the following minimum quantities
- purcels articles other than parcels - If lodgements are made after 3.00 p.m. or, less than 2 hours before the closing time of the appropriate outgoing mail despatches, the articles may be delayed.



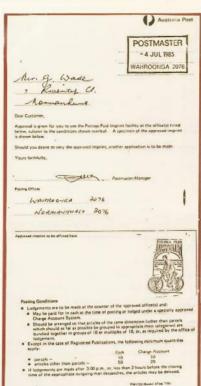
Below, Proof, signed by Graham Wade.



3.4 OPPORTUNITIES CREATED BY SAFETY BICYCLE - Reliability trials.

Arthur Richardson rode 600 miles over Nullarbor Plain in 1896, demonstrating potential for long distance cycling

Below. Copy of official approval by Australia Post to use P.P.I. PLUS, handwritten note by G.Wade, explaining cover on right.





Below, Proof, signed by Graham Wade.



Notice Bulk mail bears no postmarked but each of there has been vion the AP Mail Services

3.4 OPPORTUNITIES CREATED BY SAFETY BICYCLE - Keeping healthy.

Regular cycling, combined with healthy food and recreation, helps keep a person fitter.



exercise by cycling will never strain a normal heart.





trest to avoid sinor



Cycling does not stretch the muscles; other activities do this.

Note tab "exercise regularly"

Below, right cycling helps reduce high bood pressure

Children keep fit by cycling. (self adhesive stamps)





tri-athletes keep particularly fit

Below. An exercise bicycle can be used indoors during the winter and to keep muscles supple at other times.



3.4 OPPORTUNITIES CREATED BY SAFETY BICYCLE - raising money for Charity.

The bicycle is a means to raise money for charitable causes and can involve cycling long distances.





Left Dutton Forshaw (df mechanics raised money for a kidney machine



to Sunderland for Special Baby Unit fund Below 4 National Assn. of Veteran Cycles' members rade from London for cancer relief







ORGANISED BY GRANTHAM JUNIOR CHAMBER

3 5 CYCLE TOURING - Uniforms

From the 1880s cyclists took the opportunity to join Bicycle Clubs and adopted a standard uniform.



The recommended uniform of male Club cyclists in 1880s was tight knickerbockers high boots and jacket with no flaps or frills.

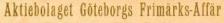
Ladies continued to wear most unsuitable garments and hats to comply with fashion of day





See below. Advertisements on the back of Gothenburg Local Post postal stationery envelope (front reduced).





F. WILH. JOHANSSON

I:a Länggatan N:r 4,

(Filie I: Skeppsbron N:o 1)

Secelmakere.

Flagg- & Kompassfabrikant

Skeppsfourneringsaffär.

(The Gothenburg Stamp Co., Lim.) Norra Hamngatan 2, Göteborg.

Assorted stock of all kinds of postage gaste priser,

Frimarks-Album mindigt a lager, billigare an sten Pemsen stets am

Söderbloms

R. W. Lindhé Norra Haningatan 2 GÖTEBORG.

2:a Länggatan 50

Stort lager of Herres, Dameoch Barnskodon. Reparationer of allt hour oil Adolph Meyer & Co.

Lampor Lampglas Vokar & Siriga

Lamptillbahör till extra hilliga priser.

GÖTEBORG General-Agent für Sverige THE THE PERSON NAMED IN VICTOR KROOK

Sportartiklar

dsom Lawn Tennis, Fot-

boll, Cricket, Velocine-

der m. m. säljes billigast

R. W. LINDHE.

i parti och minut af

VARBERG SPEDITÖR.

Billig och prompt expedition. TEXASTOR STREET

Advert on back of New Zealand ld pink stemp

← 1888 R W LINDHE advertisement.

Clothing manufacturers quick to realise sales potentials in fast growing field of cycling.

3.5 CYCLE TOURING - uniforms

Gradually more suitable and more comfortable clothing worn by male and female cyclists.







Some men continued to wear hats.

Cycling more sedate in early 20th century.

Holland flat but has high winds







Today's cycle tourists also ride lighter bicycles and are encouraged to wear helmets for safety.

copy of reverse of card, reduced.





3.5 CYCLE TOURING - Overnight accommodation

The Youth Hostels Association provides cheap and clean overnight accommodation for walkers and cyclists.





Right

"An Oige"



The YHA was founded in 1931, with a contribution from the Cyclists' Touring Club.



After a hard day's ride a night's rest is welcome

> Australia has Youth Hostels



The German equivalent of YHA is DJH.



Below. Time to study the map.

Membership of YHA allows access to Hostels in other countries.



Note the use of panniers to carry clothes & spare equipment.